



SE1 newsLetter

Summer/Autumn 08

DENTAL CENTRE

Welcome to a new issue of the SE1 Dental Centre newsletter, where you will be introduced to some of our staff and patients and kept up to date on news and facts relating to our practice and to dentistry in general. We hope you will find it useful reading.

By the way, did you know that you can visit us in the evenings? We stay open until 8 pm on Tuesdays, Wednesdays and Thursdays.

Opening hours

Mon 8.15 am - 5.30 pm
 Tues 8.45 am - 8.00 pm
 Wed 8.45 am - 8.00 pm
 Thur 9.00 am - 8.00 pm
 Fri 9.00 am - 5.30 pm

All dental nurses to be registered

From 31 July 2008, dental nurses must be registered with the GDC (General Dental Council) to be allowed to work in the UK.

Lauren Scoot has worked as a dental nurse at SE1 Dental Centre for over 10 years. She recently got her NEBDN (National Examining Board for Dental Nurses) Certificate after studying for a year at Guy's Dental Hospital.

"Being a qualified dental nurse means both I and my patients can be confident that I am able to do my job professionally", says Lauren.

To register as a dental nurse you need to hold an approved qualification, or be in training for a qualification. You must also make a commitment to behave ethically and



professionally, and demonstrate each year that you are keeping your knowledge and skills up to date. **"It's great that dental nurses now have to be registered. It brings recognition to our role and means that we have to work and train very hard"**, says Lauren.

Address

52 Kennington Road,
 London SE1 7BL

Website

se1dentalcentre.co.uk

Ultra-safe X-ray

SE1 Dental Centre has invested in a new, top of the range X-ray system. The Kodak 2200 Intraoral provides excellent diagnosis accuracy and improved comfort for the patient. **The technology it uses helps reduce harmful soft radiation by up to 30%** compared to a standard generator.



SE1 Payment Plan

Are you thinking about having cosmetic, aesthetic, orthodontic or dental implant work done? **With the SE1 Payment Plan, you can pick whatever treatment you want and spread the cost of it over a fixed period through affordable monthly installments.** The SE1 Payment Plan is interest free, with no hidden costs and no deposit.

Ask your dentist for more details.

Treatments

- Bridges
- Cosmetic Dentistry
 - Cosmetic Crowns
 - Inlays
 - Tooth Whitening
 - Veneers
- Dental Hygienist
- Dental Implants
- Dentures
- Extractions
- Facial Rejuvenation
 - Wrinkle Relaxant
 - Dermal Fillers
- Fillings
- Fissure Sealants
- Gum Disease Treatment
- Invisalign
- Lava and Procera Crowns
- Root Canal Treatment
- Sports Dentistry

Monica in the Mail

Did you catch our toothbrush review in the Mail on Sunday? Monica was taken toothbrush shopping to give her professional verdict on the most popular toothbrushes on the market. Check our website for the full article: www.se1dentalcentre.co.uk.



Phone 020 7928 5964 and book your appointment today



Monica's tip

Dental floss comes in different shapes and textures. Which one to choose? If you have very little space between your teeth, a fine, waxed thread may work best. If you have quite a lot of space between them dental tape, which is thicker than thread, works well. There are several options on the market but, actually, it is not that important which specific type of floss you pick. What counts is that you floss once a day! (By the way, flavours don't matter - unless they motivate you to floss.)

Poor cows. Lucky patients!

Thomas Norlin would probably have been a vet today, had vet school not stopped their intake for some years. Instead, he became a dentist, and a talented and ambitious one at that (shame for the sick cows but lucky for his dental patients). **"What I like most about my job is making people proud of their smile"**, says Thomas, who works as an in-house specialist at SE1 Dental Centre. **He is a cosmetic dentist and implantologist, with special skills in bone regeneration and the creation of natural gum profiles around implants. He also gives patients a younger look through facial rejuvenation treatments."** Outside his clinical work, Thomas has been involved in the development and launch of a new product against halitosis (bad breath). **"It removes bad breath almost 100% for 12 hours**



and it is available in four countries today. Hopefully it will be available in the UK in the next 12 months".

A member of ADI (Association of Dental Implantology) and BACD (the British Academy of Cosmetic Dentistry), Thomas needs to attend various seminars and courses throughout the year. He also reads 10 pages on dental science each day, just to make sure he keeps up to date. **"It may not sound much but it adds up to 3,650 pages per year, which is quite a lot of science."**

When he's not working, Thomas likes to ski and, when in the right mood, he is an excellent chef.

Implants - facts

Dental implants are done by a specialist implantologist, who - aided by x-rays - begins by carefully planning the treatment. After administering anaesthesia, the implantologist inserts a titanium screw into the patient's jaw bone to replace the root of the missing tooth. The gum is then closed by stitches and the area left to heal until the jawbone is firmly united with the implant - a process which takes between three and six months. During the healing time, a temporary tooth replacement can be used to cover the space between the remaining teeth. When the bone has fused with the screw, a permanent false tooth is attached to the screw. **The work is now complete, and the patient can enjoy a new tooth which looks, feels and performs just like a natural one.**



A regular dentist? Yes!

"I initially went to SE1 Dental Centre five years ago after avoiding the dentist for about 10 years", says Esther Simpson, who works as curator for the London Fire Brigade Museum in Southwark. At the time of her first visit, Esther had a painful tooth that, it turned out, had become too decayed for an ordinary filling and needed root canal treatment. **Later on, the same tooth became damaged during tonsil surgery and an implant was necessary.** On another occasion, Esther nearly lost two upper front teeth in a bike accident. **"But I was seen straight away, which made all the difference. I kept my teeth."**

"Not sorting out a dentist or bothering to go for 10 years was a bad idea" says Esther, who now strongly believes in having a regular dentist. "Even if I changed jobs and this meant I had to travel to go to SE1 Dental Centre, I would much rather do that than change practices."



Our team

Dr Monica Matseke
Principal Dentist

Dr Gillian Millman
Dentist

Dr Alexandra Durgé
Dentist

Dr Robin Ratcliffe
Periodontist

Dr Thomas Norlin
Implant Specialist

Javier Somer Gomez
Dental Hygienist

Yasmin Kanu
Practice Manager

Racheal Furphy
Receptionist & Dental Nurse

Tracy Clarke
Dental Nurse

Prajakta Maloo
Dental Nurse

Polly Boyce
Dental Nurse

Lauren Scoot
Dental Nurse

What patients say

"I like and appreciate the wonderful service I have been given at SE1 Dental Centre over the past five years."

- Esther Simpson

"I've got a dentist two minutes away from where I live. I could go there, I know them, but I would rather go on the tube for 30 minutes to SE1 Dental Centre."

- Neil Craig

Phone 020 7928 5964 and book your appointment today

